

# ~ Frequently Asked Questions ~

## What is Soothie frost?



Soothie frost is a drug free, natural oral tissue supplement ICE POP, formulated of key immune supporting ingredients ~ targeted to nourish your mouth health defense\*.

The patented blend of vitamins (nutrients the body needs to function & fight off disease) combined with amino acids (essential for healing wounds & repairing tissue) actively function together to soothe inflamed mouth pain, reduce duration of sores & promote long term restoration of oral tissue by transporting repairing nutrients\*.

#### Who can benefit from using Soothie frost?



Soothie frost is a multi-purpose oral tissue immune support supplement\* targeted for individuals suffering from the following types of oral tissue mouth pain: canker sores; cheek & tongue bites; mouth burns; oral thrush; cold sores; cancer related mucositis; orthodontic/denture abrasions; throat/esophagus pain & tobacco users.

## How does Soothie frost soothe, protect & relieve mouth pain?

# DUAL ACTION RESULTS

Soothie frost delivers dual action results, instant frosty relief, as well as long term benefits providing vital immune supporting nutrients that replenish and protect mouth health defense\*:

IMMEDIATE benefits upon consumption of the ICE POP include:

- Instant frosty numbing of fiery sore pain
- Relieves & cools even hard to reach sores
- Therapeutic rapid absorption of repairing natural nutrients
- Drug & dye free, yummy natural grape, orange & strawberry flavors
- Soothing protective barrier formulation



LONG TERM benefits after consumption of the ICE POP include:

- Advanced formulation of vital immune supporting ingredients
- Nutrients targeted to replenish and protect mouth health defense
- Promotes long term oral health immunity booster and restoration
- Preventative maintenance capability when consumed at first sign of sore
- Reduces duration of sores

#### How do I use Soothie frost for interior mouth sores or throat pain?

At FIRST sign of interior mouth irritation, bump or discomfort ~ immediately consume ENTIRE ICE POP to alleviate progression of sore formation.\* ~ Repeat process ~ as needed to maintain mouth health.



- 1. Freeze upon Arrival ~ Keep ICE POPS Frozen
- 2. Open frozen ICE POP ~ Swish over sores to numb fiery sore pain
- 3. Consume entire ICE POP ~ For BEST relief results
- 4. To accelerate results ~ Eat MULTIPLE ICE POPS during sore

FLARE-UPS to expedite mouth tissue restoration.

Cold Sensitivity Users: If you are sensitive to colder temperatures resulting from chemotherapy or radiation treatments, thaw ICE POP prior to consuming ~ then swish & swallow entire sleeve contents. ~

## How do I use Soothie frost for exterior cold cores (also known as fever blisters)?

At FIRST sign of exterior mouth irritation, bump or discomfort ~ immediately consume ENTIRE ICE POP to alleviate progression of sore formation.\* ~ Repeat process ~ as needed to maintain mouth health.



Freeze upon Arrival ~ Keep ICE POPS Frozen
Open frozen ICE POP ~
Topically apply pop end directly to sore
Apply until sore is numb ~
Then consume that portion of pop used to relieve sore site
Repeat ~
Apply newly exposed pop end to sore to numb site

5. Continue process

- ~ Consume entire ICE POP for BEST results
- 6. To accelerate results ~ Eat MULTIPLE ICE POPS during sore FLARE-UPS to expedite mouth tissue restoration\*

## How do I store & consume Soothie frost ICE POPS?



Freeze ICE POPS upon arrival - Keep frozen to preserve shelf life. To expedite freezing remove individual ICE POP from the zipper stand up pouch & lay the pop sleeve flat in freezer.

ICE POPS can also be thawed out and therapeutically enjoyed as a swish & swallow supplement or consumed from a bowl with a spoon, if preferred over the pop sleeve.

## Why is Xylitol considered a dental approved natural sweetener?



Many dentists recommend using xylitol-sweetened chewing gum — & for good reason. Studies have determined that xylitol boosts dental health & helps prevent tooth decay.

Xylitol is a natural sweetener derived from the fibrous parts of plants. It does not break down like sugar & can help keep a neutral pH level in the mouth. Xylitol also prevents bacteria from sticking to the teeth, which is how it protects the teeth from tooth decay. With the dental benefits of Xylitol, the acid attack that would otherwise last for over half an hour is stopped. Research has shown that the use of Xylitol also helps repair damage to the enamel.

#### Learn More>

Soothie frost is uniquely formulated with a Xylitol (a natural sweetener), dye free base with natural flavoring choices of strawberry, orange & grape.

#### Why is Soothie frost safe for diabetics?





One of the negative effects of added sugar & high-fructose corn syrup is that it can spike blood sugar & insulin levels. Due to sugar's high levels of fructose, it can also lead to insulin resistance and multiple metabolic problems when consumed in excess.

Soothie frost's natural flavor base, Xylitol, has a very low glycemic index and doesn't spike blood sugar or insulin. It contains zero fructose & has little effects on blood sugar & insulin... therefore, none of the harmful effects of sugar apply to Xylitol.

Xylitol's glycemic index (GI) — a measure of how quickly a food raises blood sugar — is only 7, whereas regular sugar's is 60–70. Xylitol can also be considered a weight-loss-friendly sweetener since it contains 40% fewer calories than sugar. For people with diabetes, prediabetes, obesity or other metabolic problems, Xylitol is an excellent alternative to sugar.

#### Learn More>

Soothie frost is uniquely formulated with a Xylitol (a natural sweetener), dye free base with natural flavoring choices of strawberry, orange & grape.

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4

## Can I share Soothie frost with my pet? NO! Pops are for people ~ NOT PETS!



Xylitol is a natural, low calorie, low glycemic dental approved sweetener.

Like chocolate & cocoa products, PETS CAN NOT DIGEST XYLITOL.

Learn More>

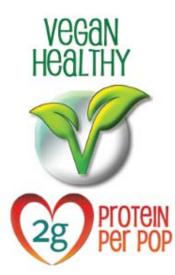
Is Soothie frost dairy & soy free?



Yes! ~ Soothie frost is dairy & soy free.

Soothie frost is produced in a facility that process milk, nuts & wheat.

Why is Soothie frost Vegan Healthy... What is an essential amino acid?



Yes! ~ Soothie frost is not only Vegan... but VEGAN HEALTHY ~ Each ICE POP contains two grams of protein!

Soothie frost is formulated with two types of amino acids: essential & non essential. Amino acids, often referred to as the building blocks of proteins, are compounds that play many critical roles in your body.

Your body needs 20 different amino acids to grow & function properly. Though all 20 of these are important for your health, only 9 amino acids are classified as essential. Essential amino acids (unlike nonessential amino acids) can't be made by your body & must be obtained only through your diet.

The best sources of essential amino acids are animal proteins like meat, eggs & poultry.

Each Soothie frost contains 2 grams of protein per pop, which promotes tissue repair & immune function! Learn More>

## Is Soothie frost drug free & dye free?

# Drug Free Dye Free



Yes! ~ Soothie frost is drug free & dye free.

Soothie frost is uniquely formulated with a Xylitol (a natural sweetener), dye free base with natural flavoring choices of strawberry, orange & grape.

## Is Soothie frost gluten & nut free?



Yes! ~ Soothie frost is gluten & nut free.



Soothie frost is produced in a facility that process milk, nuts & wheat.

Is Soothie frost herb free?



Yes! ~ Soothie frost is herb free.

## Is Soothie frost low acidic?



Yes! ~ Soothie frost is low acidic.

Both calcium and vitamin C are important for proper health. Calcium helps build strong bones and teeth, and vitamin C boosts your immune system. Unfortunately, vitamin C, when taken alone, can deplete calcium stores in your body, and can often be too acidic to be tolerated by people with sensitive stomachs. Calcium ascorbate overcomes these problems.

Soothie frost is uniquely formulated with Calcium ascorbate delivering: Antioxidant C fortified with Calcium, non-acidic, fast absorption to white blood cells, healthy gums & skin while neutralizing cell-damaging free radicals\*

Learn More>

## Is Soothie frost made with natural flavors?



Yes! ~ Soothie frost is uniquely formulated with a Xylitol (a natural sweetener), dye free base with natural flavoring choices of strawberry, orange & grape.

## Is Soothie frost made in the USA?



Yes! ~ Soothie frost is proudly made in the USA.

## Are the ICE POP sleeves packaging BPA free? What does BPA mean?

Yes! ~ Soothie frost ICE POP sleeves are BPA FREE as well as the stand up zipper pouch.

What does BPA mean?

BPA stands for Bisphenol-A, an estrogen-imitating chemical used to produce reusable plastic products, such as baby bottles, toddler sippy cups and plastics you might use for storing leftover food.

Learn More>

Are there any side effects or interactions with my medications?



Soothie frost drug free ICE POPS are a patented natural formulation of vitamins & amino acids. Soothie frost is herb free. If you are taking any medications or have a medical condition, consult your doctor before use.



Can I consume Soothie frost while pregnant or nursing?



Soothie frost drug free ICE POPS are a patented natural formulation of vitamins & amino acids. Soothie frost is herb free. If you are pregnant or nursing, consult your doctor before use.

Are Soothie frost ICE POPS safe for children?





Soothie frost drug free ICE POPS are a patented natural formulation of vitamins & amino acids. Soothie frost is herb free. Keep out of reach of children. As with all supplements, consult your pediatrician for proper dosage requirements before administering.

9

Does an individual Soothie frost ICE POP meet the TSA airplane travel regulations? I would like to fly on an airplane with a pop in my carry-on bag compartment.



YES! Each individual ICE POP sleeve is 2.2 ounces. The TSA (Transportation Security Administration) allows liquid travel size containers to be the size of 3.4 ounces. If you have a need to carry on an ICE POP we highly urge you place the pop sleeve itself ~ into an additional layer of protection such as a 'ziploc' type plastic bag ~ to help protect the sleeve from puncturing during screening/traveling and avoid leaking in your carry-on.

As noted on the TSA website: The TSA further advises: "Placing these items in the small bag and separating from your carry-on baggage facilitates the screening process." For more comprehensive TSA liquid rules, please visit the TSA link prior to flying: https://www.tsa.gov/travel/security-screening/liquids-rule

Additional recommendation for storing the ICE POP upon arrival: In order to protect the shelf life of the individual POP after flying, please store in freezer or

refrigerator if freezer is not available, upon arrival at your destination.

NOTE: We do not recommend you travel with all 12 POPS in your carry-on luggage.

## What does WBENC-Certified mean?

Soothie Corporation is certified as a Women's Business Enterprise by the Women's Business Enterprise National Council (WBENC), the nation's largest third-party certifier of businesses owned and operated by women.

Certification is the foundation of WBENC and WEConnect International's missions. Through certification, WBENC validates that a business is at least 51 percent owned, operated, controlled and managed by a woman or women.









[Produced in a facility that processes milk, nuts & wheat]



GLUIEN &



LOW



LOW GI -



Natural



Vegan Dental Care

SUPPLEMENT DISCLAIMER: \*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.